



Self Directed Support Scotland
actively promoting independent living



Contact us

tel 0131 516 4195 web www.sdsscotland.org.uk follow us @SDSScot

What is self-directed support (SDS)?



SDS aims to provide individuals with freedom, choice, dignity and control. It is key to achieving a Scotland where disabled people live independently and with the right support.

SDS is when you arrange some or all of your (or your child's) support instead of receiving services arranged by your local authority.

It is for people who would like more flexibility, choice and control over their care so that they can live more independently.

The **SDS** options are:

Option 1 – direct payment

Option 2 – the person directs the available support

Option 3 – the local authority arranges the support

Option 4 – a mix of the above

For more information on SDS please visit www.sdsscotland.org.uk

Who we are



Self Directed Support Scotland (SDSS) is a national membership organisation. We actively promote Independent Living by supporting, working with and championing the aims of Self Directed Support disabled people's organisations. We develop resources, materials and training for our member organisations and deliver presentations to promote SDS and the principles it stands for. We also work with local authorities, voluntary sector organisations, NHS health boards, universities and colleges to raise awareness of SDS and guide organisations through the changes.

Keep up to date on our work on twitter [@SDSScot](https://twitter.com/SDSScot)

What we do



- Raise awareness of SDS and the principles behind it
- Promote the Social Model of Disability and the philosophy of Independent Living Movement
- Research best practice, identify examples of good practice in SDS and report back to member organisations and others
- Provide a national campaigning voice for member organisations
- Working with other national/local organisations and agencies
- Offer SDS best practice resources

Benefits of membership



- Being part of the national network of Disabled People's Self Directed Support Organisations
- Access to SDSS resources
- Tailored training
- Invitations to Members' Events and webinars
- Support to liaise with your local authority and influence change within the Scottish Government
- Information events and peer support
- Provide support to existing and evolving member organisations
- Provide a forum for member organisations to work together and share ideas, experiences and information

To become a member please contact us at info@sdsscotland.org.uk



Member Organisations

Full Members

Ayrshire Independent Living Network (AILN)

Direct Payments Support Service (Angus)

Direct Payments Support Service (Dundee)

East Dunbartonshire Direct Payments Support Service

Direct Inclusive Collaborative Enterprise (DICE)

Forth Valley Direct Payment Support Service

Glasgow Centre for Inclusive Living

Lothian Centre for Inclusive Living

South Lanarkshire Self Directed Support Network

Centre for Inclusive Living Perth & Kinross

Associate members

Headway UK (Scotland)

Independent Living Project Orkney

PAMIS

Penumbra

Shetland Citizens Advice Bureau

The Richmond Fellowship Scotland

Tagsa Uibhist

Grampian Opportunities

Central Advocacy Partners

Lothian Autistic Society

Hayfield Support Services

Fife Sensory Impairment Services

SDS Forum East Renfrewshire

Our membership is continuously growing so please go to our website for full information www.sdsscotland.org.uk

Contact us

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web www.sdsscotland.org.uk **follow us** @SDSScot

or find us www.facebook.com/SDSS