

SDS at centre stage

**Self Directed Support Scotland
AGM 2019**

#SDSSAGM19



**Self Directed
Support Scotland**
the organisation of choice

Welcome to Self Directed Support Scotland's AGM 2019: SDS at centre stage.

Last year's AGM discussed moving forward in order to really 'get out of the woods' and see effective SDS implementation. Over the last year we have had the opportunity to address members' concerns regarding this on a national level: At the start of the year Jess was invited to take part in The Care Inspectorate's SDS thematic inspections and the reports were released in June, showing that we still have a way to go when it comes to SDS implementation and consistency in delivery across areas. Since then we have co-hosted events with our members in report areas to discuss these findings and what needs to be done in order to move forward with The Care Inspectorate and local HSCPs. Our second national event 'SDS National Voice: Local stories' allowed us to highlight good practice across HSCP areas and discuss key differences in SDS delivery.

Our research in partnership with The Health and Social Care Alliance Scotland 'My Support, My Choice' is well underway and has allowed us to interview and survey SDS service users from across Scotland and collect essential data about user experiences from across the country. With the recent launch of the Adult Social Care Reform programme and the revised SDS Implementation Plan, which focusses on service user involvement, we hope to see substantial progress

when it comes to disabled people having choice and control over their social care support.

We recently hit the 50 members mark and today is a brilliant opportunity for members to share their work and celebrate their achievements over the last year. Today we look forward to giving our members an update on the 'My Support, My Choice' research, a say on our new members forum, and the opportunity to come together to share your experience with each other, as well as a special performance which really puts SDS at centre stage!

The SDS Scotland team.



Programme

Have you had any breakthroughs in your local area? How can we learn from your work?

#SDSSAGM19

- | | |
|-------|--|
| 10:30 | Registration |
| 11:00 | Welcome and pre-evaluation
- Jess Wade, SDSS Manager |
| 11:10 | Fair Dementia Care
- Laura Finnan Cowan with Joanna Boddy, Alzheimer Scotland |
| 11:30 | Adult Social Care Reform Programme
- Lorna Ascroft, Scottish Government Social Care Team |
| 11:50 | My Support, My Choice update:
- Dr Dianne Theakstone with Chris Baird, SDSS
#MySupportMyChoice19 |
| 12:10 | Self Directed Support Scotland's AGM:
Opened by SDSS Chair Florence Garabedian, We welcome members to join us to reflect on the organisation's performance over the last year and decide on the future governance arrangements |
| 13:00 | Working lunch:
An opportunity to catch up with fellow SDSS members |
| 14:00 | Workshop session:
A range of practical workshop sessions to choose from |
| 15:00 | The future of ILF
- Robert White, Independent Living Fund Scotland |
| 15:30 | SDS at centre stage, a performance
- Lewis Carroll |
| 16:00 | Close |

Speakers



Florence Garabedian,
SDSS Chair and CEO at
Lothian Centre for Inclusive
Living

Florence has been the Chief Executive of the Lothian Centre for Inclusive Living (LCiL) since 2008. Florence's experience is rooted in community development and user-led organisations working with minority groups at local, national and international levels. Through LCiL and SDSS she is actively involved in the Independent Living Movement and she currently chairs the SDSS board of trustees.



Jess Wade,
SDSS, Manager

Jess has worked in the Scottish voluntary sector since 2004, when she graduated from the University of Edinburgh.

She is currently manager at Self Directed Support Scotland (SDSS), working with local disabled people's Self-directed Support organisations throughout the country. She has previously worked in a range of roles in the sector, including fundraising, volunteering and campaigning and is a Trustee of a local family support charity and a housing association. She was appointed to the board of the Scottish Charity Regulator (OSCR) in 2016. She has a Masters in Public Administration from the University of York and is a long time human rights activist.



Chris Baird,
Peer Researcher, My
Support, My Choice
Project Team.

Chris is a Disability activist and campaigner from East Renfrewshire, he has been a peer researcher for 3 years and is involved in the My Support, My Choice project. Chris is also an enthusiastic amateur dramatist.



Lorna Ascroft,
Scottish Government
Social Care Team

Lorna's role is to oversee the whole Reform of Adult Social Care programme, lead the direction it goes in and make sure it is well managed. She also leads the commissioning and procurement workstream. Lorna works in social care support because she want us to have a social care system that focuses on people not processes. What matters to her is celebrating things that work and changing things that don't. Outside of work she is a mummy and likes to run up hills.



Dr Dianne Theakstone,
SDSS Service User
Experience Research
Officer

Dianne recently completed a Doctorate in Applied Social Science at the University of Stirling where her comparative research examined disabled peoples access

to independent living in Scotland and Norway. This also highlighted the important role that user led Centres for Independent Living play in developing the ethos of independent living. In 2017 Dianne was the researcher responsible for the Scotland and Wales field work in connection with the Equality and Human Rights Commission inquiry in to the housing experiences of disabled people across Great Britain. Dianne joined Self Directed Support Scotland as Service User Experience Research Officer along with guide dog Merlin in June 2018.



Robert White
**Independent Living Fund
Scotland**

Robert has over 30 years of experience working in central and local government and has a

keen interest in the interaction between social welfare and social work and is a member of Poverty Alliance Scotland and Social Work Scotland Adult Social Care Committee.

Robert is a Board member of Speak Out Advocacy and strongly believes in the power of advocacy to promote person led services. Robert manages the ILF Scotland social work managers and provides strategic lead in managing relationships with statutory partners in 37 health and social care trusts/ partnerships across both Scotland and Northern Ireland.



Laura Finnan Cowan
Alzheimer Scotland

Laura is the Self-directed Support Manager at Alzheimer Scotland. Laura's vast and varied role means that she is involved in both

operational and policy aspects of SDS. A key part of Laura's role is about supporting the Alzheimer Scotland workforce and beyond to be confident in their knowledge of SDS legislation and to support people living with dementia and their carers. Laura strongly believes in the importance of the role of independent support for people as they access and manage SDS, and she is keen to explore this further in the context of dementia.



Joanna Boddy
**National Dementia Carers
Network**

Joanna was a carer for her mum who had dementia and is passionate about improving the experience

and services for carers and people with dementia. She is a member of the National Dementia Carers Network. She joins Laura Finnan Cowie today to talk about her experiences and the fair dementia campaign.

Workshops



Ayrshire Independent
Living Network

Collaborative working with Community Link Workers/ Practitioners

Ayrshire Independent Living Network (AILN)

Community Link Workers provide support and information on a wide range of issues that can impact on health and wellbeing, including support groups, volunteering, managing stress and anxiety and much more. They are based in Doctors surgeries, hospitals etc. and often have first contact with people who need additional support. Come along and find out more about their role in the community and also how working collaboratively with Independent Support organisations can help raise awareness of the options of Self-Directed Support and the role of the support organisation, ensuring SDS information reaches those who need it.



Time for a change: developing a new PA Employer's tool

Self Directed Support Scotland

The PA Employer's Handbook was published in 2014 and a lot has

changed since then, even the way we talk about SDS and social care. SDSS have recently undertaken a project to review the existing PA Employer's handbook and we want our members to be involved every step of the way! This workshop will draw on the findings from a recent survey which aimed to examine how the handbook is currently being used by those who employ PAs and the organisations that support them, and is an opportunity for members to share their insight when it comes to developing a renewed handbook/tool.



Access to Self-directed Support for people and families affected by Addiction and Dual Diagnosis

Reach Advocacy

In this workshop we will explore the meaning of addiction and Dual Diagnosis, the effects of stigma, stereotyping and discrimination and how the Recovery approach works in practice. We will look at the traditional pathways to support through criminal justice, addiction services and housing and the impact and availability of peer support. We will also explore the particular barriers and challenges that people and their carers face in accessing support through SDS, why this might be happening and what could be done to address these.

At Centre Stage...



Partnerships and working together- How do other local organisations do this?

PKAVS Carers Hub- SDS Project, Support Choices and Centre for Inclusive Living Perth and Kinross.

Overview of how PKAVS Carers Hub – SDS Project, Support Choices, Health and Wellbeing Coop, Centre for Inclusive Living (CILPK) and the P&K Health and Social Care Partnership) work together in promoting and supporting people in relation to SDS support and how they have tackled difficulties that have arisen. A large part of this session will be group discussions around local experiences and partnerships.



Introducing Lewis Carroll

Lewis is from Aberdeen and loves to sing. His life was changed when he started using his personal budget to participate in singing groups with Music4U, which is an integrated stage school. Today delegates will have the opportunity to hear Lewis' story and hear Lewis perform.

Your hosts

SDS Scotland:

Manager	Jess Wade jess@sdsscotland.org.uk
Membership Development Executive	Mark Han Johnston mark@sdsscotland.org.uk
Operations Manager	Jeremy Adderley jeremy@sdsscotland.org.uk
Communications and Events Officer	Anna Carr anna@sdsscotland.org.uk
Service User Experience Research Officer	Dianne Theakstone dianne@sdsscotland.org.uk



 @SDSScot
 @SDSScotland
www.sdsscotland.org.uk

SDSS is funded by the Scottish Government.
Company registered in Scotland SC371469. Scottish Charity No SC039587.
Norton Park, 57 Albion Road, Edinburgh EH7 5QY

0131 475 2623

Thank you to our SDSS membership and partners.



HAPPY TO TRANSLATE